

Skinny
in the
City™



with Tanya Zuckerbrot, MS, RD
Creator of The F-Factor Diet

Sponsored Skinny :: *MuscleCare* — Wednesday, 09 June 2010

Get the Skinny on the Best Pain Relief in the City!

.Parabens?...Carcinogens?...Dyes?...Think again! Get



the "skinny" on the best pain relief gel in the "city" ...What you put on your body is as important as what you put inside your body. For this exact reason Dr. Oswald and his team of experts have developed an all natural topical pain reliever designed for the health conscious individual.

Professional Therapy MuscleCare® was created by Dr. Chris Oswald after 22 years of physical medical practice experience. He witnessed firsthand that the good ingredients, if present, in most topical pain relievers remained on the outside of the body while the bad things (parabens, coloring agents, etc.) went into the body. At best, these topicals heated, cooled or irritated the skin temporarily to distract or confuse the pain receptors. He felt that with the use and misuse of oral analgesics and anti-inflammatories on the rise combined with a reported 100,000-250,000 hospital emergency ward visits annually in the USA due to side effects from these meds that he would use science and nutrition in conjunction with muscle physiology to give people a safe, effective means to reduce muscle pain, tension and spasm. His goal was to also to minimize inflammation while at the same time promoting the healing process and delivering nutrients, without toxins, to the area in need.

MuscleCare has undergone three years of clinical and scientific testing and has proven to be 44-1700% more effective in reducing pain than the other leading national and professional brands without any side effects.

MuscleCare, often referred to as "the ultimate multivitamin," contains organic sources of glucosamine sulfate, MSM, chondroitin and magnesium combined to quickly relax muscle spasm and tension in order to promote and restore normal circulation, allowing the muscle to return to its normal resting length. It tends to last longer and out-perform other brands as it does not use petroleum or wax that binds ingredients and prevents them from absorbing into the muscles and joints. MuscleCare does not use coloring agents or parabens that are often used to add shelf life to many other brands. Parabens have been scientifically proven as both bioaccumulative and endocrine altering in human tissue, in other words, parabens stay in your body and "mess" with your hormonal system. Watch for these in all of your body lotions, hand creams and pain relievers.

Professional Therapy MuscleCare® is available in both an ointment and ice gel roll on. They both have the ability to improve circulation and promote healing. The ice gel roll-on is recommended for acutely painful conditions while the ointment is best for chronic or ongoing problems. MuscleCare can be used either proactively or reactively on sprains, strains, shin splints, muscle tension and many chronic or stubborn conditions like "berry-it is" of the thumb from too much texting or emailing. MuscleCare is available all over New York City at Duane Reade locations or online from CVS.com or order directly on our website www.muscledback.com.

SUBSCRIBE!

Share This Email >>

